



Competitor Summary Sheet

Visit www.mikefrancois.com for complete contest details.

EVENT INFO

Marriott Columbus Northwest ★ 5605 Blazer Parkway ★ Dublin, OH 43017
June 17, 2023 ★ Prejudging 10:00 a.m. ★ Finals 6:00 p.m.

CHECK-IN

Friday, June 16th 5:00 - 8:00 p.m.
Marriott Columbus Northwest (Franklin Room)
All competitors must check-in on Friday.
Check-in will be a 4-step process. All stations will be marked.

STEP 1: NPC Card **STEP 3:** Weighed and/or Measured
STEP 2: Registration/Number **STEP 4:** Music (if applicable)

Visit www.mikefrancois.com for important suit and music requirements.

MANDATORY COMPETITOR MEETING

Saturday, June 17th 8:45 a.m.
Marriott Columbus Northwest (Main Ballroom: Dublin III & Dublin IV Rooms)
Please plan on arriving by 8:30 a.m. to get settled backstage prior to the meeting.
Men's Staging Area: Franklin Room
Women's Staging Area: Worthington & Westerville Rooms

HOST HOTEL

Marriott Columbus Northwest ★ 5605 Blazer Parkway ★ Dublin, OH 43017 ★ (614) 791-1000
Call (614) 791-1000 and ask for NPC Mike Francois Classic rate or use online reservation link on our website.
Note: If you miss the room block cutoff date, you may book direct or make a reservation at a nearby hotel.

COMPETITION SPRAY TANNING

Competition spray tanning services will be offered by Liquid Sun Rayz at the Marriott Columbus Northwest in the Union & Madison Rooms. To schedule an appointment, please visit www.liquidsunrayz.com.

TRAINER'S PASS

\$75

Allows trainer to be backstage. No access to view show. Purchase online, by mail, at Friday check-in or day of.

TICKETS

Prejudging (general admission): \$15 / \$20 at door ★ Finals (general admission): \$25 / \$30 at door
Purchase online, by mail or at door. Children 2 and under free.

SCHEDULE OF EVENTS

Prejudging 10:00 a.m.

Men's Masters Bodybuilding ★ Men's Novice Bodybuilding ★ Men's Open Bodybuilding ★ True Novice Bikini ★
Masters Bikini ★ Novice Bikini ★ Open Bikini ★ Men's Novice Classic Physique ★ Men's Open Classic Physique ★
Women's Open Wellness ★ Men's Masters Physique ★ Men's Novice Physique ★ Men's Open Physique ★
Women's Open Physique ★ Masters Figure ★ Open Figure

Finals 6:00 p.m.

Men's Masters Bodybuilding ★ Men's Novice Bodybuilding ★ Men's Open Bodybuilding ★ True Novice Bikini ★
Masters Bikini ★ Novice Bikini ★ Open Bikini ★ Intermission ★ Men's Novice Classic Physique ★ Men's Open
Classic Physique ★ Women's Open Wellness ★ Men's Masters Physique ★ Men's Novice Physique ★ Men's Open
Physique ★ Women's Open Physique ★ Masters Figure ★ Open Figure



Competitor Checklist: What to Bring

Check-In: Friday, June 16th 5:00 - 8:00 p.m.

Marriott Columbus Northwest (Franklin Room), 5605 Blazer Parkway, Dublin, OH 43017

Friday check-in is mandatory ★ No Saturday check-ins allowed

- NPC Card:** All membership cards will be verified at check-in. You may also purchase your card at the check-in. The cost is \$150.
- Registration:** Pre-registered competitors will be in our system; however, we recommend you bring a copy of your confirmation from Muscwear. If you would like to add another division, you may do so at the registration table. The fee is \$100 per additional division.
- Posing Suit:** Bodybuilding, Classic Physique & Bikini competitors must **wear** their suit to the check-in. All other competitors need to **bring** their suit for inspection.
- Music:** Men's Bodybuilding, Women's Physique & Men's Classic Physique competitors must provide their own music. Music will be collected at the check-in unless you already uploaded it online. If you are crossing over between Men's Bodybuilding & Men's Classic Physique, please provide music for each division.
- Documents:** Bring a copy of the documents found on the Competitor Hub at www.mikefrancois.com/competitorhub.

Forms of payment accepted at the check-in are cash, check, money order & all major credit cards. Important: In order to use a credit card to purchase your NPC membership at the check-in, you will need to scan a QR Code and complete your transaction online.

Prejudging: Saturday, June 17th 10:00 a.m.

Marriott Columbus Northwest (Main Ballroom), 5605 Blazer Parkway, Dublin, OH 43017

Mandatory meeting 8:45 a.m.

- Posing Suit**
- Competitor Number:** The numbers will be distributed at the Friday check-in. Please remember to bring it with you on Saturday.
- Exercise Band:** Per NPC regulations, weights and dumbbells are no longer allowed in the venue. Only exercise bands will be permitted. We will provide a limited number of bands. To ensure availability, we highly recommend you bring your own.
- Documents:** Bring a copy of the documents found on the Competitor Hub at www.mikefrancois.com/competitorhub.

Finals: Saturday, June 17th 6:00 p.m.

Marriott Columbus Northwest (Main Ballroom), 5605 Blazer Parkway, Dublin, OH 43017

- Posing Suit**
- Competitor Number:** See above.
- Exercise Band:** See above.
- Documents:** See above.

Questions? Email classic@mikefrancois.com or call/text (614) 806-3834.

*This checklist is provided as a courtesy only and is not meant to be all-inclusive.
Visit www.mikefrancois.com for complete contest details.*